

'perceptions of humanistic coaching

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*Humanistic coaching focuses on promoting athletes' personal growth and
athletic relationships. The purpose of the present study was to investigate the expe-
riences of student-athletes who perceived their coaches as humanistic in their
athletic relationships. A collective case study of 23 student-athletes (Age = 13-18 y,
M = 14.5; SDage = 1.75) from three schools. An inductive thematic analysis
was used to identify themes related to humanistic coaching. The results
indicated that humanistic coaching was perceived as a positive experience
that fostered personal development through sport. A collective case study
interviews was employed with 23 student-athletes (Age = 13-18 y,
M = 14.5; SDage = 1.75) from three schools. An inductive thematic analysis
was used to identify themes related to humanistic coaching. The results
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