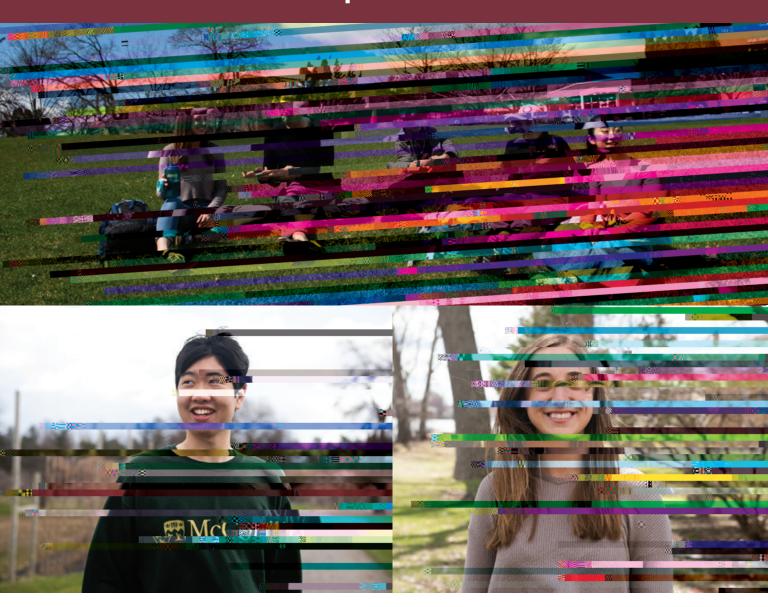
# Residence Handbook 2024-2025

# **Macdonald Campus**





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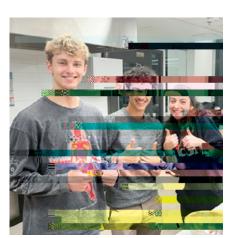


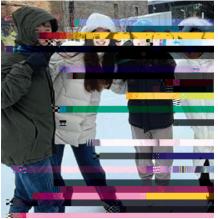
# We're so excited to welcome you!

Your time here promises to be Iled with amazing new experiences, triumphs, and memories to last a lifetime. You'll meet people from dierent walks of life, get involved in a new community and learn more about yourself and your capabilities.

To help you achieve the best year possible both personally and academically, our team at <u>Student Housing and Hospitality Services</u>









Tips for Ge ing Along



### Fall 2024

August 15 Move-in starts

August 19 Residence Welcome Day

August 20 Discover McGill

August 21-25 Frosh

August 28 Classes begin

September 10 Add/Drop deadline

October 15-18 Fall Reading Break

December 4 Classes end

December 6 Exams begin

December 20 Exams end

### **Winter 2025**

January 6 Classes begin

January 14 Add/drop deadline

March 3-7 Winter Reading Week

April 11 Classes end

April 14 Exams begin

April 30 Exams end

April 30 Meal Plan ends

May 4 Residence lease ends

# Local Wellness Advisor

The Local Wellness Advisor (LWAs) is a trained mental health clinician assigned speci-cally to work with students living in McGill Residences.

They meet individually with students living in residence and help connect them with the appropriate support resources, either on campus or elsewhere within the Montréal community. Much like a counsellor, a LWA explores with students how to support their mental health and wellbeing. The LWA also acts as mental health resource to the entire Residence Life team.

Students can <u>book one-on-one appointments directly</u> with the LWA through the online booking system. Students can also reach out to other LWAs from other faculties, or species to community groups, as well as other clinicians at the Student Wellness Hub.



### **Margot Nossal**

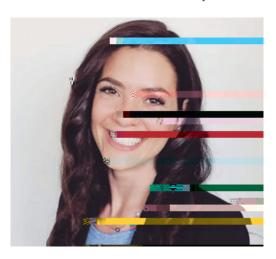
3465 Rue Durocher, Room #103

margot.nossal@mcgill.ca

Margot is a licensed social worker who works at Durocher with the Residence Life team. She also serves the Two-Spirit and LGBTQIA+ communities at McGill, both within Residences and across the entire university. Her previous work includes working with young adults, children, and families in various mental health and community se ings.

# Meet our Dietitian

Do you have food allergies, special dietary requirements or simply wish to ask food and nutrition related questions? Please contact Anna at <a href="mailto:askadietitian.shhs@mcgill.ca">askadietitian.shhs@mcgill.ca</a>



## Anna Go heil

Anna Go heil is a Registered Dietitian and Certi ed Intuitive Eating Counsellor who provides nutrition counselling services for students living in residence. She is passionate about supporting residence students during their academic journey through nourishing, exible and engaging nutrition interventions.

Anna has experience in clinical se ings, private practice, and food service and as such, plays an important role in making sure menus are nutritionally balanced and meet the needs of our diverse residence community.

## **Community Living Standards - In Residences**

The conduct status a student can receive is based on a case-by-case evaluation reviewed a Professional Residence Life Sta Member and then discussed with the student in question.

### 1.0 Alcohol

### 1.1 Responsible Alcohol Consumption

Residents who choose to consume alcohol must do so in a respectful and safe manner. All residents and their accompanied guests must abide by the provincial laws regarding alcohol consumption. The following standards are in place to promote safe alcohol consumption:

### Responsible Drinking:

 Possession and consumption of alcohol in McGill Residence must conform to the provincial laws of Québec. Individuals must be 18 years of age or older to legally consume and purchase alcohol.

# 2.0 Behaviour & Respect

### 2.2 Dangerous Behaviour, Activities and/or Materials

Residents engaging in activities that are deemed dangerous to themselves and others is prohibited.
 This includes combat sports, such as boxing, mixed martial arts, etc. Dangerous materials such as (but not limited to) reworks, propane canisters, BBQs, dynamite, gasoline, are not permi ed in residence.

### 2.3 Damage to Property or Vandalism

- Damage to a resident's personal property or McGill University property is strictly prohibited.
   Malicious intent to damage property or failure to uphold a reasonable standard of cleanliness will not be tolerated.
- During winter, residents are expected to keep any windows closed when they are not present in their room to avoid damage to building infrastructure (e.g. frozen pipes causing water damage, etc.).
- Students are not to remove or tamper with Protection Services NFC tokens that are a xed to the walls.

### 2.4 Gambling

• Any form of gambling on McGill University property or involving University functions, including but not limited to athletic events and other extracurricular activities, is prohibited. Gambling is de ned as playing a game for money or property or otherwise placing a bet on an uncertain outcome.

#### 2.5 Harassment

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# 2.0 Behaviour & Respect

#### 2.7 Noise

- Residents must ensure they are being mindful of the amount of noise they make while living in residence. Noise that can be heard outside of a room or from the hallways negatively impacts a community and will not be permi ed.
- Residents must respect quiet hours which are from 11:00 PM to 9:00 AM everyday.
- Excessive noise past the designated quiet hours will not be tolerated.

#### **Consideration Hours:**

• When quiet hours are not in e ect, every resident must ensure the noise they are emi ing is not negatively a ecting the surrounding community. This includes yelling, singing, or playing music loudly. Consideration hours are in e ect 24 hours a day, every day of the week. When students are creating an excessive amount of noise, they are in violation of this community standard.

#### **Exam Quiet Hours:**

- Exam Quiet Hours starts the day a er classes end, and runs from 9:00 PM 9:00 AM everyday.
- Excessive noise past the designated quiet hours may result in nes and other sanctions.

#### 2.8 Pranks

• Involvement in any form of prank in residence is strictly prohibited. This can include actions that target, harass, disrupt, or jeopardize the safety of a resident or stamember. Pranks can include but are not limited to water ghts, raids, removal of residence property, or illegal entry into a resident's room.

#### 2.9 Prohibited Areas

• Residents are not permi ed to access prohibited areas, including but not limited to roo ops, unauthorized access to a resident's room, and other administrative spaces.

#### 2.10 Violence

• Violence, intimidation, or physical aggression of any type towards other students or university sta will not be tolerated. This also includes sexual violence, doxing and violence towards oneself.

# 3.0 Commercial use of Property

• Solicitation and using a residence space or room for commercial purposes is strictly prohibited. Your room cannot be assigned a 'sublet' or rented out to anyone.

# 4.0 Drugs

• Possession, tra cking, production, or involvement with any type of illegal drug is prohibited. Possession of drug-related paraphernalia that is associated with tra cking, or consumption of an illegal drug or non-prescribed medication will result in residence sanctions.

# 4.0 Drugs

## 4.1 Drug Paraphernalia

• Possession and storage of drug paraphernalia in residence is prohibited. This includes bongs, pipes, vaporizers, and any other device associated with the consumption and usage of drugs.

# 5.0 Fire

5.1 Appliances & Cooking

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6.0 Guests & Visitors

# 8.0 Smoking and Cannabis

# 9.0 Unauthorized signage

• Exhibiting or a xing any unauthorized sign, poster, advertisement, notice or other le ering, ags or banners that are inscribed, painted, or a xed to any part of the outside of a building or the inside of the building that may be viewed outside of one's room.

# 10.0 Weapons

• Possession of real or replica guns in residence including but not limited to paintball guns, airso guns, swords, knives, slingshots, and archery equipment is strictly prohibited. You must advise your RLM if you are part of the fencing or archery clubs and require storage of your sporting equipment.

When an incident has occurred, the s	situation in question wil	ll be documented and th	nen followed up by someone



## **Personal Safety tips**

- Always lock your door. Whether you are sleeping or just leaving to go to the bathroom but especially when you are not there. Residences are safe, but it takes only a moment for a thief to grab a laptop.
- Never leave your belongings una ended in the dining halls, library, lobbies etc.
- Lock your windows and doors at night and draw your blinds.
- Report any stolen belongings to McGill security: 514-398-7770
- Report any lost keys/ID cards, to the appropriate o ce immediately.
- Do not lend your keys or access cards to anyone.
- Do not sign in a guest you don't know
- Do not allow anyone you don't know to enter a key-card entry building behind you.
- If someone claims to be a visitor, ask for their friend's name and room number. If the "visitor" causes any problems, tell the Residence Life Manager, Residence O ce, or call McGill Security at 514-398-7770.
- When receiving food delivery you can meet them in the lobby.
- Do not prop open emergency doors and residence hall doors that are supposed to be closed.
- · Do not jump over the turnstiles.
- Please only use emergency exits in emergencies; otherwise, someone could enter from outside undetected.
- Do not go up onto the roof. This is taken very seriously as we don't want anyone to get hurt. If you are caught on the roof, you will be subject to a \$ 250 ne and discipline under the McGill Student Code of Conduct.

# Common



Your McGill ID Card automatically includes a oneCard account preloaded with funds which will be billed to your student fee account. No sign-up form is required and is activated when you move-in.

### Use the oneCard for the following services:

### Mac Campus

- At the McGill Campus Store for purchase of course material, McGill merch, books, and more.
- At select vending machines on campus
- To pay for Mac Market purchases
- · Café in Barton Macdonald Stewart Building

### **Downtown Campus**

- At the <u>McGill Campus Store</u> for purchase of course material, McGill merch, books, and more.
- At any of the All You Care to Eat dining halls and on campus food locations.
- At select vending machines on campus
- At participating restaurants o campus. Visit the oneCard site for the full list of restaurants.

#### Explore the full plan.

### Topping up your oneCard

Go to the secure oneCard Management page:
 h ps://onecard.mcgill.ca

### Mac Farm

McGill's Macdonald Campus Horticultural Centre (Mac Farm) is the biggest supplier of fresh produce to the Residence Dining Halls. 40% of all year-round produce purchases at McGill are locally sourced! McGill is also the rst Canadian University to be recognized by the Marine Stewardship Council (MSC) and the rst Fair Trade Campus in Quebec.

### Mac Market

www.facebook.com/MarcheMacMarket

# Quick guide to sorting waste

## Recycling - glass, plastic, metal

Glass bo les, jars, & containers

#### Empty hard plastics:

- · shampoo bo les
- · laundry detergent
- yogurt containers

#### So plastics:

- grocery bags
- plastic bags
- bread bags
- · plastic wrap/cling Im

#### Paper & cardboard:

- · Newspapers, yers & magazines
- Paper
- Envelopes, even with Im/plastic windows
- · Cardboard boxes ( a ened)
- Cardboard tubes, rolls, etc. (paper towel, toilet paper rolls)
- File folders
- Paper bags
- Books

On the go



McGill Students' Nightline

# Services on Campus

#### Residence O ce

The <u>Macdonald Residence O</u> <u>ce</u> is located in Laird Hall room 107. Please stop by the o <u>ce</u> if you have any questions or concerns. O <u>ce</u> hours are 9:30 am -12 noon/1:30-4:30 pm.

Tel.: 514-398-7716 | residences.macdonald@mcgill.ca

We can assist with issues regarding any of the following:

- · Le er mail can be collected from our o ce
- · Keys & Lock-outs

# Student A airs O ce

The <u>Student A airs O ce</u> is where you can get information about transcripts, diplomas, admissions, proof of enrollment, and more. Student A airs is also the place where students can pick up their ID cards! Located in Laird Hall room 106.

Hours of operation are Monday to Friday from 9am-4pm.

# Centennial Centre Building

Within the CC there are many important services that are available to any Mac Campus student:

<u>Student Services</u>: located in room CC1-124 Student Services is where you can get information about Student Health Services, Student Financial Aid, Counselling and the location of our CaPS O ce (Career Planning Services)

#### **Bookstore**

MCSS (Macdonald Campus Student Society)

#### **Student Services**

Students who study on the Macdonald campus may make full use of all Student Services on both campuses. All <u>Macdonald Campus Student Services</u> are located in the Centennial Centre. For detailed information on all the services o ered at the downtown campus please visit the main <u>Student Services website</u>.

Macdonald Campus Student Services Centennial Centre, Room CC1-124 21111 Lakeshore Road Ste-Anne-de-Bellevue, Québec H9X 3V9

Telephone: 514-398-7992

Email: stuserv.macdonald@mcgill.ca

#### Post O ce

The Post O ce is located in the lobby of Laird Hall. Mailboxes are no longer available for residence students but the Post O ce will continue to receive parcels for students. Students who receive le er mail can pick it up from the Residence O ce.

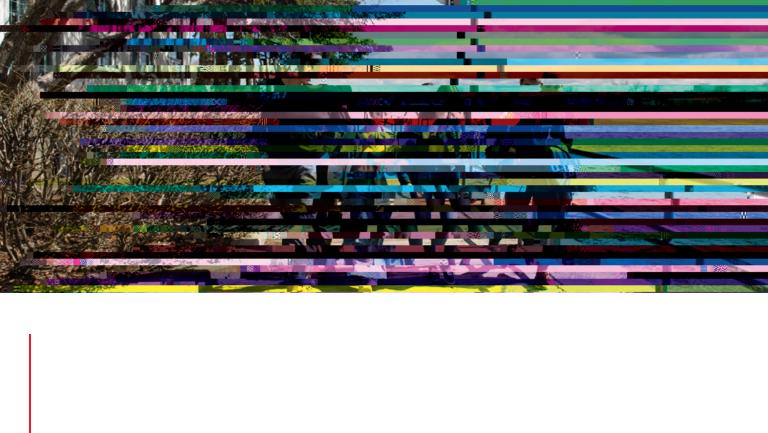
#### Mail should be addressed to you as follows:

Name

21111 Lakeshore Road

Laird Hall OR Ecoresidence, Room...

Ste-Anne-de-Bellevue, QC, H9X 3V9 Canada



### **EcoResidence**

21111 Lakeshore Sainte-Anne-de-Bellevue, QC H9X 3V9 514-398-7716